



**2017 Speedo Championship Series
Southern Zone South Sectional
Championship
March 9-12, 2017**



Sanctioned by: Florida Gold Coast Swimming, Inc. **Sanction #FGSR030917-SEC1**

- Condition of Sanction:**
- The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
 - In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, City of Plantation, and Plantation Swim Team and Booster Club shall be held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.
 - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer’s legal guardian to ensure compliance with this requirement.
 - Use of audio or visual recording devices, including cell phones is permitted only in designated areas.

Hosted by: The City of Plantation, Plantation Swim Team, and Booster Club.

Location: **Plantation Aquatic Complex**
9151 NW 2nd Street
Plantation, Florida 33324

Directions: Plantation Aquatic Complex is located in Central Park. From I-95 go west on 595. Exit north on Pine Island Blvd. to Broward Blvd. On Broward Blvd. head west approximately ¾ of a mile to Central Park. (1st Stop light) On Central Park make a right. Park entrance is located on the right hand side.

All meet information will be posted on the Sectional Page of the Plantation Swim Team website: www.swimpst.com

Date & Start Times:

Days	Prelims Warm-up	Prelims Begin	Finals Warm-up	Finals Begin
Thursday, March 9, 2017			3:30 p.m.	5:00 p.m.
Friday, March 10, 2017	7:00 a.m.	9:00 a.m.	3:30 p.m.	5:00 p.m.
Saturday, March 11, 2017	7:00 a.m.	9:00 a.m.	3:30 p.m.	5:00 p.m.
Sunday, March 12, 2017	7:00 a.m.	9:00 a.m.	3:30 p.m.	5:00 p.m.

General Meeting: Friday, March 10 at 8:00 a.m. in the Hospitality Room at the Plantation Aquatic Complex (Upstairs Room 2). Any changes to the conduct of the meet will be announced at this meeting. It is the responsibility of each swimmer and coach to be aware of any changes during this meet.

Pool Spec & Timing: Competition Course – One eight lane 50 meter course. Continuous warm-up and warm-down area will be available in second 50 meter course (6 lanes). Water depth at the competition starting end is 11'6 and turn end is 4'. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System with full VIVILED video scoreboard will be utilized.

Eligibility: This meet is open to all swimmers who are 2017 registered members of USA Swimming and foreign athletes with proper travel credentials who have been invited by USA Swimming, who have achieved the published times between March 9, 2015 and the entry deadline. Entry times must be official times achieved at a USA Swimming sanctioned, approved, or observed meet, or a meet sanctioned by another FINA member federation.

Entries will be capped at 650 swimmers.

In-Section: IMPORTANT PLEASE NOTE.

Coaches of Florida Swimming and Florida Gold Coast swimmers must reserve your team's place in the meet by advising the host the number of swimmers that you wish to enter in the meet by Thursday, December 1, 2016 at 12 noon eastern time.

Send your request to Jimmy Parmenter: jimmypst@aol.com

The following must be included in the email.

Team Name:

Coach Name:

Coach Email & Mobile Number:

Number of Male Athletes:

Number of Female Athletes:

Total Number of Athletes:

Once we have received your team's request. We will then add your team to OME.

Out of Section:

A number of out-of-section and foreign athletes will be accepted into the meet. This number will be equal to the difference between the entry cap and the number swimmers entered by in-section teams as described above. Out-of-section and foreign athletes will be accepted on first come first served basis starting on Thursday, December 8, 2016 at 12 noon eastern time.

Send your request to Jimmy Parmenter: jimmyppst@aol.com

The following must be included in the email.

Team Name:

Coach Name:

Coach Email & Mobile Number:

Number of Male Athletes:

Number of Female Athletes:

Total Number of Athletes:

Once we have received your team's request. We will then add your team to OME.

Accepted athletes and teams will be notified beginning Friday, December 9, 2016.

*You should **not** make nonrefundable travel arrangements before you know your Team or Athletes are accepted into the meet.*

Disability Athletes:

PST is excited about the opportunity to include USA Swimming members with disabilities in our meet and highly encourage their participation. The swimmer's disability must meet the definition of a disability as outlined in USA Swimming Rules and Regulations: *A permanent physical or mental impairment that substantially limits one or more major life activities.* Swimmers with disabilities may compete, earn awards and score points for their team in the same manner as able bodied swimmers. Such swimmers need not have achieved the included qualifying times for this meet. Entries for swimmers with disabilities should enter on OME and email Terrell Woods (terrellwpst@aim.com) prior to submitting OME entry.

The coach or athletes are responsible for notifying the Referee of any accommodations that are required in accordance with USA-S Rule 105.4.

Any athlete with a disability will be accommodated to the best of Meet Management's ability. **Please contact the pool office ahead of time (minimum of two-weeks prior to start of event),** to allow for preparation (954)-452-2526 or email Terrell Woods at TerrellWPST@aim.com

**OME Entry Procedures:
Please Read Carefully.**

On-Line Meet Entry (OME) – Once your team has been accepted into the meet, your team will be added into OME. Entries will be processed using the USA Swimming On-Line Meet Entry System (OME) only. Access this system from USA Swimming's website at <http://www.usaswimming.org.ome> . Any team coach may initialize the entry. The account that initializes the entry will be the only account that has access to that team's entries for this meet. That account must login and select "Enter Team". Paper, Fax and Email entries will not be accepted.

OME Opens: 12:01 a.m. EST. Friday, February 3, 2017

OME Closes: 6:00 p.m. EST. Monday, March 6, 2017

OME Help:

Terrell Woods FG Swimming 954-452-2526 or Terrellwpst@aim.com
Josh Fowler USA Swimming 719-332-0184 or jfowler@usaswimming.org

Athletes may enter the meet using conforming and non-conforming times in this order: Long Course Meters (LCM), then Short Course Meters (SCM), then Short Course Yards (SCY). Converted times are not permitted.

Individual Entries: Use a time in the national database for entry that is faster than the qualifying time and achieved during the qualifying period. Swimmers may enter using an override time for times that are not in the national database. Override times must include the meet name and date. Override times must be proven to Administrative Referee by the scratch deadline for the event, in question in order to be seeded.

OME RELAY ENTRY PROCEDURES; ENSURE "RELAY ONLY" SWIMMERS ARE INCLUDED IN THE TEAM ENTRY ROSTER. 200 Relays: Since there are no time Standards for 200 Free and Medley relay, it is acceptable to use an override time to enter these events. This will require an entry "Meet Location" and "Meet Date" fields. Please put the word "Entry" in the Field and the current date in the Meet Date Field.

Late Entries:

Late entries which otherwise meet all eligibility and entry requirements will be accepted for this meet provided the entry cap has not been reached. Qualifying times must have been achieved by the entry deadline. Swimmers entered in the meet must provide proof of USA Swimming membership. Swimmers must provide proof of submitted time for all late entries. Entry fees for late entries will be double the standard entry fee, relay fee and athlete surcharge, and must be paid in "CASH ONLY." As courtesy to meet management, coaches and swimmers are strongly encouraged to process late entries as early as possible in the meet registration process. Late entries will be accepted at any time after OME closing and prior to the scratch deadline by contacting the Entry Coordinator Cindy Jones at CindyPST@aol.com.

Entry Limit:

Individual Events: Swimmers may enter all events which they qualify, however they may only compete in six (6) individual events for the meet and no more than three (3) individual events per day.

Relay Events: Two (2) per team per event (A & B).

Bonus Swims:

Bonus swims will be available for the Spring Sectional Meet as follows: Florida Swimming and Florida Gold Coast swimmers, qualified in one or more events may swim up to two (2) bonus event during the course of this meet, subject to entry limits for each day and the meet.

Bonus events do NOT include the 400 Free, 400 IM, 800 Free, 1500 Free

Swimmers from outside Florida Swimming and Florida Gold Coast Swimming may NOT enter Bonus Events.

Bonus Swims Continued:

IN OME, "Enter as Bonus" to enter bonus.

Entry Fees:

WITHIN SECTION

\$10.00 per individual event
\$20.00 per relay team
\$10.00 per swimmer meet surcharge

OUTSIDE SECTION

\$20.00 per individual event
\$40.00 per relay team
\$20.00 per swimmer meet surcharge

All entries must be completed through USA-S OME online entry program and finalized/checked out by Monday, March 6, 2017 at 6:00 p.m. All teams will pay via check or cash to "Plantation Swim Team" upon arrival to the meet. Payment will be accepted in the Swim Team Office before picking up the Coaches Packets. All payments must be made before team or athletes first swim.

Seeding:

Entries will be seeded in order of LCM, SCM, and then SCY.

Seeding for Prelims: All events will be circle seeded fastest to slowest, unless stated otherwise in the meet information.

Flighting:

In the situation where the number of entries, including bonus swims, drives a preliminary session beyond two hours and forty minutes in duration (using flyover start intervals), at the meet referee discretion's discretion and with the approval of both the FGC and Florida Senior Chairs, the session may be flighted in the manner described below.

If session is flighted, swimmers who are "no-show" for the B-flight will not be penalized.

"A" Flight

50's All Heats
100's Fastest 12 Heats
200's Fastest 6 Heats
400's Fastest 4 Heats

"B" Flight all remaining heats.

Positive Check-in / Scratches:

PRELIMS: Scratches prior to the seeding of the heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box located at The Clerk of Course / Administrative Referee table.

POSTIVE CHECK-IN & SCRATCH DEADLINE:

Thursday, March 9 th Events	Thursday, March 9 th 4:15 p.m.
Friday, March 10 th Events	Thursday, March 9 th 5:30 p.m.
Saturday, March 11 th Events	Friday, March 10 th 5:30 p.m.
Sunday, March 12 th Events	Saturday, March 11 th 5:30 p.m.

Positive check-in is required to be seeded in Women's and Men's 800 Free, Women's and Men's 1500 Free. Positive check-in will be available at the Clerk of

Course / Administrative Referee table.

Positive check-in for Thursday, March 9, events **ONLY** will be accepted by the deadline in person and/or by emailing: Cindy Jones – CindyPST@aol.com

Note: Email CHECK-IN deadline must be received by 4:00 p.m.

Any swimmer who fails to swim in a preliminary event who has not properly scratched from the event as described above will be fined \$10.00 cash only. There is no event penalty. Upon payment of the fine, the swimmer will be eligible to continue competing in the meet. Swimmers must then declare his/her intent to swim with the Administrative Referee for all their subsequent events prior to closing of the scratch box for that day's events.

FINALS: Any swimmer who competes and as one of the fastest thirty two (32) swimmers in prelims must swim **A-Finals, B-Finals, C-Finals or D-Finals (18 & Under Finals)**, or declare his/her possible intention to scratch within thirty (30) minutes of the announcement or posting of the preliminary results of that event and further declare their intentions within 30 minutes of their last individual preliminary event. Scratching from Finals will be declared by drawing a single line and initialing on preliminary results maintained by the Clerk of Course / Administrative Referee. "Failure to Swim" will result in the swimmer being fined \$25.00 Cash. Upon payment of the fine, the swimmer will be eligible to continue competing in the meet. In case of missing a Sunday night final, payment of \$25.00 must be made in order to compete in in future Speedo Championship Series meet.

A swimmer not in the originally announced or posted in the fastest thirty two (32) swimmers, who is seeded in a final due to the scratch of another swimmer, Will not be penalized for failing to swim in that final.

D-Final: Will be for 18 & under athletes **ONLY**.

Note 1: Alternates wishing to swim in an open lane in finals must be at the Starting Area prepared to step on the block for the swim when the swimmers are called to the blocks. The Referee will instruct the Announcer to call for the alternate.

Note 2: Scratches must be done individually; "team" scratches are not acceptable.

800 & 1500 Free: Thursday's women's 1500 and men's 800 free – will be swum fastest to slowest, alternating women and men, until the first heat scheduled to finish after 7:00 p.m. Any remaining heats will be swum, alternating women and men, after the relays. Positive Check-in is required to be seeded. NOTE: Thursday night's relays will all be pre-seeded.

Sunday's women's 800 and men's 1500 Free – Positive check-in is required in order to be seeded. Swimmers may indicate their preference to swim in the preliminary session. The top eight swimmers who state no preference shall be seeded to compete in the finals. The swimmers or coach should **CLEARLY** write "AM" next to their name when they check-in if they desire to swim in

preliminaries. The remaining heats will swim fastest to slowest, alternating women and men after the completion of the 400 Freestyle Relays.

400 IM / 400 Free

Event 17 & 18, Women's & Men's 400 IM
Event 31 & 32, Women's & Men's 400 Free

Will be swum as follows:

1. Fastest 4 heats of women, fastest to slowest circle seeded.
2. Fastest 4 heats of men, fastest to slowest circle seeded.
3. All remaining heats, alternating women and men, fastest to slowest, after completion of the "A" Flight, in the "B" Flight.

Relay Events:

Event # 19-20, the Women & Men's 800 Free Relay
Event # 33-34, the Women & Men's 400 Medley Relay
Event # 43-44, the Women & Men's 400 Free Relay

All heats will be swum at the end of finals on Friday, Saturday and Sunday in the following order:

1. 2nd fastest women's heat, fastest women's heat.
2. 2nd fastest men's heat, fastest men's heat.
3. All remaining heats, alternating women and men fastest to slowest.
4. For Sunday's 400 Free Relay, teams may declare their preference to swim in either the prelims or finals session to the Administrative Referee by the Scratch deadline on Saturday. If no preference is declared, the team will be seeded to swim in finals. The relay events during the prelims session will be swum all women, all men, fastest to slowest, at the end of the "A" flight before "B" flight and the individual distance events. All other heats will be swum as stated above.

Finals:

Finals events will be swum in the following order: A-Final, B-Final, C-Final, D-Finals (18 & Under).

A-Finalist will be paraded.

B-Finalist will be announced behind the blocks.

C-Finalist will be announced in the water.

D-Finalist (18 & Under) will be announced in the water.

Timelines:

There will be a 5 minute break before relays in each session and between events 4 and 5, events 6 and 7, and events 7 and 8.

Scoring: The top 24 places in each event will be scored.

Individual: 1-8 Place: 32,28,27,26,25,24,23,22,
9-16 Place: 20,17,16,15,14,13,12,11,
17-24 Place: 9,7,6,5,4,3,2,1

Relays: 1-8 Place: 64, 56, 54, 52, 50, 48, 46, 44,
9-16 Place: 40, 34, 32, 30, 28, 26, 24, 22,
17-24 Place: 18, 14, 12, 10, 8, 6, 4, 2

No points will be awarded when qualifying times are not achieved, but qualifying times may be achieved during prelims or finals.

Awards: Individual Events: 1st – 8th
Relays: 1st – 3rd

Team High Point Awards:

Combined: 1st-5th

Women: 1st – 3rd

Men: 1st – 3rd

Rules: Current USA Swimming rules will apply.

Officials: Meet Referee: Steven Swanson
National Evaluator: Mary Jo Swalley
Computer Scoring: Cindy Jones
Assistant Meet Director: Terrell Woods email: terrellwpst@aim.com
Meet Director: Jimmy Parmenter email: JimmyPPST@aol.com

NOTE: PLEASE DIRECT ALL QUESTIONS TO TERRELL WOODS.

This meet will be designated as an Officials Qualifying Meet for N2 and N3 Officials Certification. Officials wishing to be evaluated must apply to the Meet Referee. "Application to Officiate" and "Request for Evaluation" forms for this Meet can be found on the Southern Zone Website: <https://www.teamunify.com/Home.jsp?team=szisc> click on the application tab. Follow the directions on the form for submitting your application. Officials briefing will be held one hour prior to each session.

Identification: Coaches and officials shall wear their credentials in a conspicuous location at all times during the meet.

Deck Restrictions: USA Swimming Insurance Safety Regulations require the swimming pool deck, during the operation of the Florida Gold Coast Swimming, Inc. sanctioned meets, be closed to all persons except swimmers, coaches, marshals, officials and meet personnel. Credential tags must be presented to enter the pool deck area.

Changing In/Out Of Swimsuits: Except where venue facilities require otherwise, changing into, or out of swimsuits, other than locker room or other designated areas is not appropriate, and is prohibited.

Camera Free: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is effect at this meet. No person may use a camera or other device capable of recording still or video images in the area behind the starting blocks, in locker rooms, changing area, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and / or may be barred from the facility during the sanctioned event.

Information: FG Senior Chairman: Sid Cassidy – coachsid@gmail.com
Florida Gold Coast Swimming Office: Dick Cavanah - npbcoach4@aol.com
Facility: Terrell Woods – terrellwpst@aim.com

Warm-up Schedule

Pool Opens Prelims 7:00 a.m. / Finals 3:30 p.m.

Pool 1. Competition Course

LANES – 7:00 a.m. to 8:00 a.m. (General Warm-up) 8:00 a.m. to 8:50 a.m. (Controlled Warm-up)

1. Push off 50's or 100 pace (circle swimming)
2. **8:15 a.m. Racing start.** One way only. **Diving Well End.**
3. Swimming and pulling (push off)
4. Swimming and pulling (push off)
5. Swimming and pulling (push off)
6. Swimming and pulling (push off)
7. **8:15 a.m. Racing start.** One way only. **Diving Well End.**
8. Push off 50's or 100 pace (circle swimming)

Pool 2. 50 Meters **ABSOLUTELY NO DIVING**

1. PACE - Push off 50's or 100 pace (circle swimming)
2. Swimming and pulling (push off)
3. Swimming and pulling (push off)
4. Swimming and pulling (push off)
5. Swimming and pulling (push off)
6. Swimming and pulling (push off)
7. Public Lap Swim
8. Public Lap Swim

*No equipment allowed during warm-up in competition pool.

*No racing starts in warm-up or warm-down lanes during the meet.

*Enter the water feet first with one hand on the deck when entering the pool at all times during warm-up.

Speedo Championship Series – Spring Meet

Thursday, March 9, 2017		Qualifying Times					
Order of Events		Conforming Times		Non-Conforming Times			
		Long Course Meters		Short Course Meters		Short Course Yards	
Event #	Event	Women	Men	Women	Men	Women	Men
1	1500 Free Women*	18:57.79	X	18:27.79	X	18:15.49	X
2	800 Free Men *	X	9:15.19	X	8:59.19	X	10:22.09
3-4	200 Medley Relay *	NT	NT	NT	NT	NT	NT
5-6	200 Free Relay *	NT	NT	NT	NT	NT	NT
7	200 Mix Med Relay*	NT	NT	NT	NT	NT	NT
8	200 Mix Free Relay*	NT	NT	NT	NT	NT	NT

*Events 1-2 will be deck seeded. Positive check in by 4:15 p.m. is required to be seeded in events 1 & 2. Events 1 & 2 will be swum fastest to slowest, alternating one heat of event 1 and one heat of event 2 until the first heat that runs past 7:00 p.m. After a 5 minute break, events 3 thru 8, the relays will be swum. There will be a 5 minute break between events 4 and 5, events 6 and 7, and events 7 and 8. After event 8, all remaining heats of 1 and 2 will be swum.

Friday, March 10, 2017		Qualifying Times					
Order of Events		Conforming Times		Non-Conforming Times			
		Long Course Meters		Short Course Meters		Short Course Yards	
Event #	Event	Women	Men	Women	Men	Women	Men
9-10	200 Freestyle	2:17.19	2:06.19	2:13.19	2:02.19	2:00.79	1:50.39
11-12	100 Breast	1:24.59	1:16.29	1:22.59	1:14.29	1:13.99	1:06.39
13-14	50 Back	34.69	31.39	33.69	30.39	30.39	26.79
15-16	100 Butterfly	1:10.19	1:03.49	1:08.19	1:01.49	1:02.79	56.19
17-18	400 IM	5:27.99	5:01.29	5:19.99	4:53.29	4:49.69	4:24.29
19-20	800 Free Relay **	9:31.19	8:43.89	9:15.19	8:27.89	8:36.79	7:42.19

**See Relay Note in body of Meet Announcement. All relays will be swum at the conclusion of finals.

Saturday, March 11, 2016		Qualifying Times					
Order of Events		Conforming Times		Non-Conforming Times			
		Long Course Meters		Short Course Meters		Short Course Yards	
Event #	Event	Women	Men	Women	Men	Women	Men
21-22	100 Backstroke	1:14.29	1:07.89	1:12.29	1:05.89	1:05.09	58.69
23-24	50 Breaststroke	39.79	35.59	38.79	34.59	34.49	30.69
25-26	50 Butterfly	32.59	29.19	34.09	28.19	28.89	25.59
27-28	200 IM	2:35.59	2:21.59	2:31.59	2:17.59	2:16.19	2:03.79
29-30	50 Freestyle	29.39	26.59	28.39	25.59	25.89	23.09
31-32	400 Freestyle	4:48.49	4:27.99	4:40.49	4:19.99	5:21.39	4:59.99
33-34	400 Md. Relay **	4:54.29	4:25.49	4:46.29	4:17.49	4:18.89	3:53.89

**See Relay Note in body of Meet Announcement. All relays will be swum at the conclusion of finals.

Sunday, March 12, 2016		Qualifying Times					
Order of Events		Conforming Times		Non-Conforming Times			
		Long Course Meters		Short Course Meters		Short Course Yards	
Event #	Event	Women	Men	Women	Men	Women	Men
35-36	200 Butterfly	2:33.89	2:20.59	2:29.89	2:16.59	2:18.09	2:04.99
37-38	100 Freestyle	1:03.59	57.49	1:01.59	55.49	56.09	50.39
39-40	200 Breaststroke	3:02.49	2:45.29	2:58.49	2:41.29	2:40.79	2:24.79
41-42	200 Backstroke	2:39.49	2:26.59	2:35.49	2:22.59	2:19.49	2:07.29
43-44	400 Free Relay #	4:24.89	4:00.69	4:16.89	3:52.69	3:54.69	3:30.69
45	800 Women Free###	9:54.39	X	9:38.39	X	11:03.99	X
46	1500 Men Free ###	X	17:44.99	X	17:14.99	X	17:21.69

***See Relay Note: in the body of Meet Announcement. All relays will be swum at the conclusion of finals. On Sunday, teams may request to swim this event after event 42 during prelims. Such requests must be made to the Administrative Referee by the scratch deadline for Sunday's events.

Events 45 and 46 are deck seeded events and will be swum as timed finals. The fastest heat of each Event will swim in the finals. The remaining heats will swim fastest to slowest, alternating with next fastest seeded heat of 45 followed by the next fastest seeded heat of 46 beginning after event 44 in prelims. These swimmers may also request an AM swim by the scratch deadline for Sunday's events.

SUNDAY FINALS ORDER OF EVENTS

45 Women's 800 M Freestyle
35-36 200 M Butterfly
37-38 100 M Freestyle
46 Men's 1500 M Freestyle
39-40 200 M Breaststroke
41-42 200 M Backstroke
43-44 400 M Free Relay

SPEEDO CHAMPIONSHIP SERIES – TIME TRIALS MARCH 9-12, 2017

- SANCTIONED BY:** Florida Gold Coast Swimming, Inc., Sanction #
- HOSTED BY:** The City of Plantation, Plantation Swim Team, and PST Booster Club
- LOCATION:** The City of Plantation, Plantation Swim Team, and PST Booster Club
- TIME:** Approximately 15 minutes after the conclusion of the final preliminary heats on Thursday, Friday, Saturday, & Sunday
- NOTE:** Sunday, Time Trial availability is subject to change as time permits due to the operation of the regular meet.
- Pool:** Competition Course – One eight lane 50 meter course. Continuous warm-up and warm-down area will be available in second 50 meter course (6 lanes). Water depth at the competition starting end is 4' and turn end is 11'6". The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System with full VIVILED video scoreboard will be utilized.
- ELIGIBILITY:** Open to all swimmers already properly entered in the Southern Zone South Sectional meet.
- Entry Limit:** Three (3) individual events per day, including events swum in the Sectional meet. The order of events will be swum only one time each day.
- ENTRY FEE:** \$20.00 per event. CASH ONLY will be accepted.
- Entries:** Will be accepted at the Clerk of course and will close one hour before the end of prelims Friday-Sunday.

Seeding: Enter with LCM times. *800/1500 distance events will be offered on Thursday and Sunday, time permitted, and may be combined with the slowest heat(s) during the preliminary session. Time trials swimmers will not be scored and will be separated by at least one empty lane from the swimmers with qualifying times.

SCRATCHES: No penalty for scratching at the block.

RULES: USA Swimming rules will apply.

OFFICIALS: Meet Referee: Steven Swanson



Order of Events:

Thursday		Friday		Saturday		Sunday	
Event #	Event	Event #	Event	Event #	Event	Event #	Event
*100-102	W1500/M800	201-202	200 Free	301-302	100 Back	401-402	200 Fly
		203-204	100 Breast	303-304	50 Breast	403-404	100 Free
		205-206	50 Back	305-306	50 Fly	405-406	200 Breast
		207-208	100 Fly	307-308	200 IM	407-408	200 Back
		209-210	400 IM	309-310	50 Free	409-410	200 Free
		211-212	100 Back	311-312	400 Free	411-412	100 Breast
		213-214	50 Breast	313-314	200 Fly	413-414	50 Back
		215-216	50 Fly	315-316	100 Free	415-416	100 Fly
		217-218	200 IM	317-318	200 Breast	417-418	400 IM
		219-220	50 Free	319-320	200 Back	419-420	100 Back
		221-222	400 Free	321-322	200 Free	421-422	50 Breast
		223-224	200 Fly	323-324	100 Breast	423-424	50 Fly
		225-226	100 Free	325-326	50 Back	425-426	200 IM
		227-228	200 Breast	327-328	100 Fly	427-428	50 Free
		229-230	200 Back	329-330	400 IM	429-430	400 Free
						431-432	W800/M1500

PLANTATION, FL | 2017

2017 USA Speedo Sectionals Hotel Information

Hampton Inn Plantation

7801 SW 6th St.
Plantation, FL 33324

To make a reservation call (800)426-7866, give the hotel, the dates, and ask for the "USA Speedo Sectionals" group rate or click on the link below: (press 1 and give hotel name)

http://hamptoninn.hilton.com/en/hp/groups/personalized/F/FLLPTHX-SS7-20170307/index.jhtml?WT.mc_id=POG

Rates: (Include comp. internet, comp. breakfast, & comp. parking)

Queen/Queen Room \$185/night

*These rates are valid if you book on or before: 2/9/17

Holiday Inn Express Plantation

1701 N University Drive
Plantation, FL. 33322

To make a reservation call the hotel at 954-472-5600. Please give dates and refer to group code PST or group name PST Booster Club at time of reservation.

Rates: (Include comp. internet, comp. breakfast, & comp. parking)

Double/Double Room \$159/night

*These rates are valid if you book on or before: 2/9/17.

Renaissance Plantation Hotel

1230 S. Pine Island Rd.
Plantation, FL 33324

To make a reservation call **888-236-2427**, give the hotel, the dates, and ask for the "PST Booster Club" rate or click the link below.

<https://aws.passkey.com/e/48995046>

Rates: (Include comp. internet, & comp. parking) **Breakfast is \$13.95/person.

Double/Double Room \$189/night

*These rates are valid if you book on or before: 2/9/17

If you are having problems with any reservations please feel free to contact Craig Rehak at (708)288-1673 for assistance

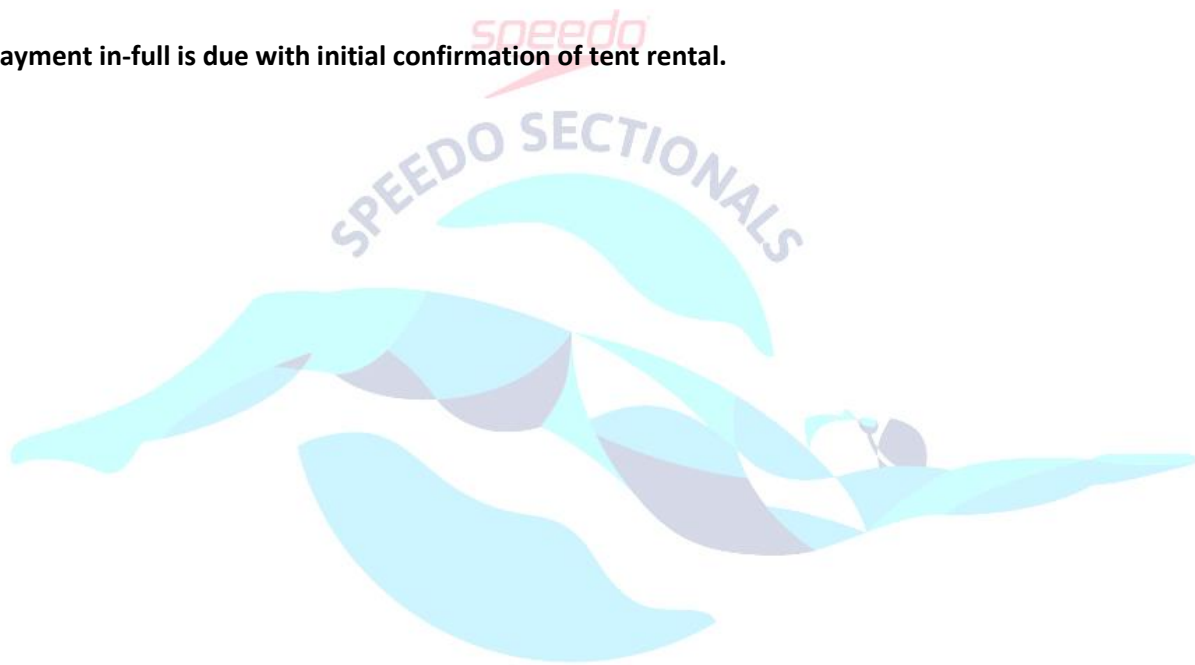
Tent Rental Guidelines

- Reservations are taken on a first come, first served basis only – limited space.
- Reservations CAN ONLY BE MADE through Cindy Jones. For reservations, please contact Cindy Jones at FLSWIMMING09@aol.com

(The tent rental company will NOT process rental reservation if contacted directly).

The tent rental cut off date, should there be any space available is Thursday, February 23, 2017 at 12:00 noon.

Payment in-full is due with initial confirmation of tent rental.



CHAMPIONSHIP
SERIES ★

PLANTATION, FL | 2017